

Alexander C Adia

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EDUCATION

2022 - Present	PhD - Health Policy (Population and Data Science)	UC Berkeley
2018 - 2019	MPH	Brown University
2014 - 2018	BA - Public Health with Honors	Brown University

DISSERTATION

Title: Essays on Medical Debt and Quality of Care

Committee: Hector P. Rodriguez [Chair], Ambar La Forgia, Becky Staiger, Charleen Hsuan (Penn State)

Short Description: I consider affordability and commercialization in the United States and policy remedies to protect patient welfare. In my first paper, I leverage borrower-level estimates of race and ethnicity to assess disparities in medical debt in collections. In my second paper, I assess the impact of state-implemented surprise billing laws before the No Surprises Act on medical debt. In my third paper, I analyze how hospital market consolidation produces heterogeneous impacts on patient access and quality of care by a) race and ethnicity and b) payer status.

PUBLICATIONS - HEALTH SERVICES AND POLICY

1. Adia, A. C., Guadamuz, J., Hsuan, C., & Rodriguez, H. P. (2026). Trends in Medical Debt in the United States by Imputed Borrower Race and Ethnicity, 2016-2022. *Health Affairs Scholar*. <https://doi.org/https://doi.org/10.1093/haschl/qxag091>
2. Adia, A. C., Hsuan, C., & Rodriguez, H. P. (2025). Health Equity and Hospital Markets: Differences in the Association of Market Concentration and Quality of Care by Patient Race/Ethnicity and Payer. *Medical Care*, 63(8), 565. <https://doi.org/10.1097/MLR.0000000000002123>
3. Adia, A. C., Nguyen, K. H., & Ponce, N. A. (2024). EHR Data and Inclusion of Multiracial Asian American, Native Hawaiian, and Pacific Islander People—Opportunities for Advancing Data-Centered Equity in Health Research. *JAMA Network Open*, 7(3), e240719. <https://doi.org/10.1001/jamanetworkopen.2024.0719>
4. Nguyen, K. H., Oronce, C. I. A., Adia, A. C., Yeh, J.-C., & Ponce, N. (2024). Inability to Access Needed Medical Care Among Asian American, Native Hawaiian, and Pacific Islander Medicaid Enrollees. *The Journal of Ambulatory Care Management*, 10.1097/JAC.0000000000000489. <https://doi.org/10.1097/JAC.0000000000000489>
5. Jiang, J. J., Adia, A. C., Nazareno, J., Operario, D., Ponce, N. A., & Shireman, T. I. (2022). The Association Between Moderate and Serious Mental Health Distress and General Health Services Utilization Among Chinese, Filipino, Japanese, Korean, and Vietnamese Adults in California. *Journal of Racial and Ethnic Health Disparities*, 9(1), 227–235. <https://doi.org/10.1007/s40615-020-00946-w>
6. Ponce, N. A., Adia, A. C., Banawa, R. A., Tan, S., & Sabado-Liwag, M. D. (2022). Measuring Asian hate: Discordant reporting of race-based hate incidents and unfair treatment and association with measures of wellbeing. *Frontiers in public health*, 10, 958857. <https://doi.org/10.3389/fpubh.2022.958857>
7. Sabado-Liwag, M. D., Manalo-Pedro, E., Taggug, R., Bacong, A. M., Adia, A., Demanarig, D., Sumibcay, J. R., Valderama-Wallace, C., Oronce, C. I. A., Bonus, R., & Ponce, N. A. (2022). Addressing The Interlocking Impact Of Colonialism And Racism On Filipinx/a/o American Health Inequities. *Health Affairs*, 41(2), 289–295. <https://doi.org/10.1377/hlthaff.2021.01418>

8. Oronce, C. I. A., Adia, A. C., & Ponce, N. A. (2021). US Health Care Relies on Filipinxs While Ignoring Their Health Needs: Disguised Disparities and the COVID-19 Pandemic. *JAMA Health Forum*, 2(7), e211489. <https://doi.org/10.1001/jamahealthforum.2021.1489>
9. Adia, A. C., Nazareno, J., Operario, D., & Ponce, N. A. (2020). Health Conditions, Outcomes, and Service Access Among Filipino, Vietnamese, Chinese, Japanese, and Korean Adults in California, 2011-2017. *American Journal of Public Health*, 110(4), 520–526. <https://doi.org/10.2105/AJPH.2019.305523>
10. Shireman, T. I., Adia, A. C., Tan, Y., Zhu, L., Rhee, J., Ogunwobi, O. O., & Ma, G. X. (2020). Online versus in-person training of community health workers to enhance hepatitis B virus screening among Korean Americans: Evaluating cost & outcomes. *Preventive medicine reports*, 19, 101131. <https://doi.org/10.1016/j.pmedr.2020.101131>
11. Basile, M., Press, A., Adia, A. C., Wang, J. J., Herman, S. W., Lester, J., Parikh, N., & Hajizadeh, N. (2019). Does Calculated Prognostic Estimation Lead to Different Outcomes Compared With Experience-Based Prognostication in the ICU? A Systematic Review. *Critical Care Explorations*, 1(2), e0004. <https://doi.org/10.1097/CCE.0000000000000004>
12. Adia, A. C., Matos, Q. P., Monteiro, K., & Kim, H. H. (2018). The Association Between Postpartum Healthcare Encounters and Contraceptive Use among Rhode Island Mothers, 2012-2015. *Rhode Island Medical Journal* (2013), 101(3), 29–32.

PUBLICATIONS - BEHAVIORAL AND SOCIAL SCIENCES IN HEALTH

1. Restar, A. J., Quilantang, M. I., Wickersham, J., Adia, A., Guigayoma, J., Bermudez, A. N., Galárraga, O., Flores, D. D., Cu-Uvin, S., Nazareno, J., Operario, D., & Sison, O. (2023). Predictors of PrEP awareness, PrEP discussion and interest in long-acting injectable PrEP among Filipina transfeminine adults. *Journal of the International AIDS Society*, 26(6), e26080. <https://doi.org/10.1002/jia2.26080>
2. Adia, A. C., Restar, A. J., Nazareno, J., Cayanan, J., Magante, K. A., Operario, D., & Ponce, N. A. (2022). Asian, Latinx, or Multiracial? Assessing Filipinxs' Health Conditions and Outcomes by Aggregate Ethnic Category. *Journal of racial and ethnic health disparities*, 9(2), 406–412. <https://doi.org/10.1007/s40615-021-00971-3>
3. Restar, A., Surace, A., Adia, A., Goedel, W., Ogunbajo, A., Jin, H., Edeza, A., Hernandez, L., Cu-Uvin, S., & Operario, D. (2022). Characterizing Awareness of Pre-Exposure Prophylaxis for HIV Prevention in Manila and Cebu, Philippines: Web-Based Survey of Filipino Cisgender Men Who Have Sex With Men. *Journal of medical Internet research*, 24(1), e24126. <https://doi.org/10.2196/24126>
4. Restar, A. J., Ogunbajo, A., Adia, A., Chan, R. C. H., Nazareno, J., Hernandez, L., Sandfort, T., Lurie, M. N., Cu-Uvin, S., & Operario, D. (2022). Condom Use and Social Capital Among Filipinx Transgender Women and Cisgender Men Who Have Sex with Men (Trans-WSM and Cis-MSM): A Structural Equation Modeling. *Sexuality Research and Social Policy*. <https://doi.org/10.1007/s13178-022-00703-0>
5. Restar, A. J., Quilantang, M. I. N., Surace, A., Ogunbajo, A., Chan, R., Adia, A., Cu-Uvin, S., & Operario, D. (2022). Characterizing Problematic Drug Use Among Transgender Women and Cisgender Men During the Emerging HIV Crisis in the Philippines: Implications for Policy Research. *AIDS education and prevention : official publication of the International Society for AIDS Education*, 34(2), 116–130. <https://doi.org/10.1521/aeap.2022.34.2.116>
6. Adia, A. C., Lee, C. J., Restar, A. J., Obiakor, B. C., Quilantang, M. I., Underhill, K., Nazareno, J., & Operario, D. (2021). Evaluating translation of HIV-related legal protections into practice: A qualitative assessment among HIV-positive gay, bisexual, and other men who have sex with men in Manila, Philippines. *Critical Public Health*, 31(5), 573–583. <https://doi.org/10.1080/09581596.2020.1739226>

7. Nazareno, J., Yoshioka, E., Adia, A. C., Restar, A., Operario, D., & Choy, C. C. (2021). From imperialism to inpatient care: Work differences of Filipino and White registered nurses in the United States and implications for COVID-19 through an intersectional lens. *Gender, work, and organization*, 28(4), 1426–1446. <https://doi.org/10.1111/gwao.12657>
8. Restar, A. J., Breslow, A. S., Jin, H., Quilantang, M. I., Sison, O., Bermudez, A. N., Palatino, M., Adia, A., Cu-Uvin, S., Operario, D., & Nazareno, J. (2021). Transgender-specific developmental milestones and associated experiences of violence, discrimination, and stigma among Filipinx transgender women who are sexually active with men. *PloS one*, 16(3), e0248248. <https://doi.org/10.1371/journal.pone.0248248>
9. Adia, A. C., Restar, A. J., Lee, C. J., Payawal, M. P., Quilantang, M. I., Nazareno, J., & Operario, D. (2020). Sword and Shield: Perceptions of law in empowering and protecting HIV-positive men who have sex with men in Manila, Philippines. *Global public health*, 15(1), 52–63. <https://doi.org/10.1080/17441692.2019.1622762>
10. Carr, D. J., Adia, A. C., Wray, T. B., Celio, M. A., Pérez, A. E., & Monti, P. M. (2020). Using the Internet to access key populations in ecological momentary assessment research: Comparing adherence, reactivity, and erratic responding across those enrolled remotely versus in-person. *Psychological assessment*, 32(8), 768–779. <https://doi.org/10.1037/pas0000847>
11. Restar, A., Ogunbajo, A., Adia, A., Nazareno, J., Hernandez, L., Sandfort, T., Lurie, M., Cu-Uvin, S., & Operario, D. (2020). Using structural equation modelling to characterise multilevel socioecological predictors and mediators of condom use among transgender women and cisgender men who have sex with men in the Philippines. *BMJ global health*, 5(7). <https://doi.org/10.1136/bmjgh-2020-002463>
12. Restar, A. J., Adia, A., Cu-Uvin, S., & Operario, D. (2020). Characterizing PrEP Awareness and Interest Among Filipina Transgender Women. *AIDS education and prevention : official publication of the International Society for AIDS Education*, 32(3), 212–228. <https://doi.org/10.1521/aeap.2020.32.3.212>
13. Restar, A. J., Adia, A., Nazareno, J., Hernandez, L., Sandfort, T., Lurie, M., Cu-Uvin, S., & Operario, D. (2020). Barriers and facilitators to uptake of condoms among Filipinx transgender women and cisgender men who have sex with men: A situated socio-ecological perspective. *Global public health*, 15(4), 520–531. <https://doi.org/10.1080/17441692.2019.1679218>
14. Restar, A. J., Jin, H., Ogunbajo, A., Adia, A., Surace, A., Hernandez, L., Cu-Uvin, S., & Operario, D. (2020). Differences in HIV risk and healthcare engagement factors in Filipinx transgender women and cisgender men who have sex with men who reported being HIV negative, HIV positive or HIV unknown. *Journal of the International AIDS Society*, 23(8), e25582. <https://doi.org/10.1002/jia2.25582>
15. Restar, A. J., Chan, R. C. H., Adia, A., Quilantang, M. I., Nazareno, J., Hernandez, L., Cu-Uvin, S., & Operario, D. (2020). Prioritizing HIV Services for Transgender Women and Men Who Have Sex With Men in Manila, Philippines: An Opportunity for HIV Provider Interventions. *The Journal of the Association of Nurses in AIDS Care : JANAC*, 31(4), 405–416. <https://doi.org/10.1097/JNC.000000000000131>
16. Adia, A. C., Hawley, N. L., Naseri, T., Reupena, M. S., & McGarvey, S. T. (2019). Tobacco smoking patterns in Samoa in 2010: Implications for interventions. *Tobacco prevention & cessation*, 5, 50. <https://doi.org/10.18332/tpc/114093>
17. Adia, A. C., Ng, M. J., Quilantang, M. I., Restar, A. J., Hernandez, L. I., Imperial, R. H., Nazareno, J., & Operario, D. (2019). Collective Coping Strategies for HIV-Related Challenges Among Men Who Have Sex With Men in Manila, Philippines. *AIDS education and prevention : official publication of the International Society for AIDS Education*, 31(5), 479–490. <https://doi.org/10.1521/aeap.2019.31.5.479>
18. Restar, A. J., Santamaria, E. K., Adia, A., Nazareno, J., Chan, R., Lurie, M., Sandfort, T., Hernandez, L., Cu-Uvin, S., & Operario, D. (2019). Gender affirmative HIV care framework: Decisions on feminizing hormone

therapy (FHT) and antiretroviral therapy (ART) among transgender women. *PLoS one*, 14(10), e0224133. <https://doi.org/10.1371/journal.pone.0224133>

19. Wray, T. B., Adia, A. C., Pérez, A. E., Simpanen, E. M., Woods, L.-A., Celio, M. A., & Monti, P. M. (2019). Timeline: A web application for assessing the timing and details of health behaviors. *The American journal of drug and alcohol abuse*, 45(2), 141–150. <https://doi.org/10.1080/00952990.2018.1469138>
20. Wray, T. B., Pérez, A. E., Celio, M. A., Carr, D. J., Adia, A. C., & Monti, P. M. (2019). Exploring the Use of Smartphone Geofencing to Study Characteristics of Alcohol Drinking Locations in High-Risk Gay and Bisexual Men. *Alcoholism, clinical and experimental research*, 43(5), 900–906. <https://doi.org/10.1111/acer.13991>
21. Adia, A. C., Bermudez, A. N. C., Callahan, M. W., Hernandez, L. I., Imperial, R. H., & Operario, D. (2018). "An Evil Lurking Behind You": Drivers, Experiences, and Consequences of HIV-Related Stigma Among Men Who Have Sex With Men With HIV in Manila, Philippines. *AIDS education and prevention : official publication of the International Society for AIDS Education*, 30(4), 322–334. <https://doi.org/10.1521/aeap.2018.30.4.322>
22. Restar, A., Nguyen, M., Nguyen, K., Adia, A., Nazareno, J., Yoshioka, E., Hernandez, L., & Operario, D. (2018). Trends and emerging directions in HIV risk and prevention research in the Philippines: A systematic review of the literature. *PLoS one*, 13(12), e0207663. <https://doi.org/10.1371/journal.pone.0207663>
23. Wray, T. B., Chan, P. A., Celio, M. A., Pérez, A. E., Adia, A. C., Simpanen, E. M., Woods, L.-A., & Monti, P. M. (2018). HIV Testing Among Men Who Have Sex with Men in the Northeastern United States. *AIDS and behavior*, 22(2), 531–537. <https://doi.org/10.1007/s10461-017-1976-2>

BOOK CHAPTERS

1. Alexander C. Adia, Arjee J. Restar, & Rebecca E. Tavernier. (2026). Comparing methods for research equity. In Tran T Doan & Bradley Iott (Eds.), *Data equity, collection, and disaggregation for advancing health equity*. Wiley.
2. Alexander C. Adia & Ninez A. Ponce. (2022). Data Disaggregation. In Kevin Nadal, Alyssa Tintiangco-Cubales, & EJR David (Eds.), *The SAGE Encyclopedia of Filipina/x/o American Studies*. SAGE Publications.

WORKS IN PROGRESS (PROJECT TITLES ANONYMIZED FOR PEER REVIEW)

- Hospital Ownership and Medical Debt (with Ambar La Forgia, Adam Leive, and Elena Prager)
- Surprise Billing Laws and Medical Debt (solo author; job market paper)
- Health System Affiliation and Pediatric Care Services (with Bianca Chiu [undergraduate mentee], Alex Schulte, Hector P Rodriguez)
- Hospital Ownership and Health Equity in Access, Quality, and Safety (dissertation paper)

SELECTED PRESENTATIONS AND GUEST LECTURES

2018: International AIDS Society Conference, APHA Annual Meeting; **2019:** University of the Philippines – Manila, APHA Annual Meeting; **2020:** International AIDS Society Conference, California State University – East Bay; **2021:** APHA Annual Meeting; **2022:** AcademyHealth ARM, APHA Annual Meeting; **2023:** AHRQ NRSA Trainee Conference (Closing Plenary Panel), AcademyHealth ARM, APHA Annual Meeting, East Virginia Medical School; **2025:** AcademyHealth ARM, University of Texas at Austin, Washington State University; **2026:** University of Illinois Urbana-Champaign, AcademyHealth ARM, AcademyHealth Health Economics Interest Group - Rising Economist Session

SCHOLARSHIPS AND FELLOWSHIPS

2026 - 2027	University of California Dissertation-Year Fellowship
2023 - 2024	Centene Health Policy Fellowship - UC Berkeley School of Public Health
2022 - 2024	AHRQ NRSA T32 Pre-Doctoral Fellowship
2023	Conference Travel Grant - UC Berkeley Graduate Division
2018 - 2019	Merit Scholarship - Brown University School of Public Health
2018	Conference Scholarship - International AIDS Society
2018	David A. Winston Health Policy Scholarship
2014	Class of 1933 Scholarship - Brown University

AWARDS AND HONORS

2026	Student Investigator Award - AcademyHealth Health Equity Interest Group
2026	Outstanding Graduate Student Instructor (OGSI) Award - UC Berkeley
2023	Student Paper Award - APHA Medical Care Section
2023	Outstanding Reviewer - Annals of Internal Medicine
2019	Best Student Abstract - APHA Asian and Pacific Islander Caucus
2019	Outstanding Academic Accomplishment by a Master's Student - Brown Graduate School <i>Awarded to a single graduating master's student demonstrating the strongest achievement in thesis, projects or research</i>
2014	Eagle Scout Award

RESEARCH GRANTS

Total External, Non-Berkeley Doctoral Grant Funding: \$238,875

2026-2027	National Institute for Health Care Management (NIHCM) Foundation Research Grant (PI: Ambar La Forgia) (\$49,938)
2026-2027	Horowitz Foundation for Social Policy Research Award (\$10,000)
2026-2027	NIMHD Predoctoral Individual National Research Service Award F31 (\$48,437; declined due to overlapping funding)
2025	RWJF HPRS Dissertation Award (\$6,500)
2024 - 2025	Mentored Research Award - UC Berkeley Graduate Division (\$36,000)
2024	Graduate Student Research Award - UC Berkeley-RWJF Family Policy Hub (\$12,500)
2024	UC Berkeley Center for Healthcare Marketplace Innovation Fellowship (\$10,000)
2023 - 2027	Robert Wood Johnson Foundation Health Policy Research Scholars (\$124,000)
2023	Graduate Fellowship - California Policy Lab (\$10,000)
2018	NIMHD T37 Minority Health and Health Disparities Research Training Fellowship (\$10,000)
2017	Framework in Global Health Scholarship - Brown University (\$3,500)

ACADEMIC SERVICE

Service to the UC Berkeley Division of Health Policy and Management

Faculty Search Committee	2024
PhD Admissions Committee	2023–2024

Service to the RWJF Health Policy Research Scholars Program

Summer Institute Planning Committee	2023–Present
NIH Fellowship Working Group	2023–2025

Ad Hoc Journal Review

American Journal of Public Health, Annals of Internal Medicine, BMC – Health Services Research, BMC – Public Health, BMJ Open, INQUIRY: The Journal of Health Care Organization, Provision, and Financing, International Journal of STD and AIDS, JAMA Network Open, Journal of Immigrant and Minority Health, Journal of Public Health, Journal of Racial and Ethnic Health Disparities, Journal of the International AIDS Society, Medical Care, Psychiatric Services, Sexuality Research and Social Policy, Social Science and Medicine, SSM – Population Health, The Lancet HIV

TEACHING EXPERIENCE

UC Berkeley

- Graduate Student Instructor for PBHLTH 224W: Organizational Behavior and Management in Health Care. Instructor: Hector P. Rodriguez PhD, MPH. Fall 2025.

Brown University

- Graduate TA for PHP1680U: Intersectionality and Health Inequities. Instructor: Jennifer Nazareno PhD, MSW. Spring 2019.
- Undergraduate TA for PHP1070: The Burden of Disease in Developing Countries. Instructor: Stephen McGarvey PhD, MPH. Fall 2017 and 2018 (Head Teaching Assistant).

PRE-PHD EMPLOYMENT

PRECISIONadvisors (now Precision AQ)

July 2019 - July 2022

Senior Consultant, Global Pricing and Market Access

New York, NY

- Responsible for multiple workstreams across a diverse set of consulting engagements for pharmaceutical and biotech companies, utilizing both qualitative and quantitative methodologies
- Expertise includes launch pricing and access strategies, value-based contracting, and life cycle management in a wide range of therapeutic areas, including chronic disease, oncology, rare disease, and vaccines

COMMUNITY EXPERIENCE

Filipinx/a/o Community Health Association

May 2021 - Present

President (2023-2025); Board Member Since 2021

Los Angeles, CA

Philippine Health Initiative for Research, Service, and Training (PHIRST)

Jan 2019 - Present

Co-Founder / Researcher

Providence, RI

REFERENCES

Hector P. Rodriguez, PhD, MPH

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University of California, Berkeley
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Ambar La Forgia, PhD

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Ninez A. Ponce

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